



# U.S. ALLERGEN LIST

The information contained in this list is based on standard U.S. product formulations. Variations may occur due to the differences in suppliers, ingredient substitutions, recipe revisions, product assembly at the restaurant level, and/or season of the year. Test products are not included. This information is effective as of **May 2007**.

The information in this list is reported by the manufacturer. Wendy's International, Inc., its franchisees and employees do not assume responsibility for a particular sensitivity or allergy to any food product provided in our restaurants. Note that gluten containing items include wheat, barley, oats and rye. We encourage anyone with food sensitivities, allergies, or special dietary needs to check [www.wendys.com](http://www.wendys.com)® on a regular basis to obtain the most up-to-date information. If you have specific questions about our menu, call or write:

Wendy's Consumer Relations Department  
 One Dave Thomas Boulevard  
 Dublin, OH 43017  
 614-764-3100

<b>GARDEN SENSATIONS® SALADS</b>	<b>EGG</b>	<b>FISH</b>	<b>MILK</b>	<b>PEANUTS</b>	<b>SOY</b>	<b>TREE NUTS</b>	<b>WHEAT</b>
<b>Mandarin Chicken® Salad</b>							
Crispy Noodles							X
Roasted Almonds						X	
Oriental Sesame Dressing					X		X
<b>Caesar Chicken Salad</b>			X				
Homestyle Garlic Croutons			X				X
Caesar Dressing	X	X	X		X		
<b>Chicken BLT Salad</b>			X				
Homestyle Garlic Croutons			X				X
Honey Mustard Dressing	X						
<b>Southwest Taco Salad</b>			X				
Reduced Fat Acidified Sour Cream			X				
Seasoned Tortilla Strips			X		X		
Ancho Chipotle Ranch Dressing	X		X		X		
<b>Additional Salad Dressings</b>							
Fat Free French Style							
Reduced Fat Creamy Ranch*	X		X				
Low Fat Honey Mustard*	X		X				
Italian Vinaigrette							
Blue Cheese*	X		X				
Thousand Island*	X						
Creamy Ranch	X		X		X		

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<b>BEVERAGES AND FROSTY™</b>	<b>EGG</b>	<b>FISH</b>	<b>MILK</b>	<b>PEANUTS</b>	<b>SOY</b>	<b>TREE NUTS</b>	<b>WHEAT</b>
Coffee							
Tea							
Milk, 2% Reduced Fat			X				
Milk, 1% Low Fat Chocolate			X				
Diet Coke®							
Sprite®							
CocaCola®							
Dasani® Water							
Original Chocolate Frosty			X				
Vanilla Frosty			X				
Oreo® Cookie Crumbles					X		X
Butterfinger® Candy Crumbles			X	X	X		
M&M's® Candy Crumbles			X	may contain	X		
<b>SIDE SELECTIONS</b>	<b>EGG</b>	<b>FISH</b>	<b>MILK</b>	<b>PEANUTS</b>	<b>SOY</b>	<b>TREE NUTS</b>	<b>WHEAT</b>
Side Salad							
Caesar Salad			X				
Homestyle Garlic Croutons			X				X
Caesar Dressing	X	X	X		X		
Mandarin Orange Cup							
Low Fat Strawberry Flavored Yogurt			X				
Granola							
Plain Baked Potato							
Sour Cream & Chives Baked Potato			X				
Broccoli & Cheese Baked Potato*			X				
Buttery Best Spread			X		X		
Chili							
Hot Chili Seasoning							
Saltine Crackers					X		X
Cheddar Cheese, shredded			X				
French Fries	√	√	√				√

Coca-Cola, Diet Coke, Sprite, Dasani and Minute Maid are registered trademarks of The Coca-Cola Company.

Oreo is a trademark of Kraft Foods Holding, Inc.

M&M's is a registered trademark of Mars, Incorporated.

Butterfinger is a registered trademark of the Society des Produits Nestle S.A., Vevey, Switzerland.

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<b>HOMESTYLE CHICKEN STRIPS AND CRISPY CHICKEN NUGGETS</b>	<b>EGG</b>	<b>FISH</b>	<b>MILK</b>	<b>PEANUTS</b>	<b>SOY</b>	<b>TREE NUTS</b>	<b>WHEAT</b>
Crispy Chicken Nuggets	√	√	x				x
BBQ Sauce							
Sweet & Sour Sauce							
Honey Mustard Sauce	x						
Heartland Ranch Dipping Sauce	x		x				
<b>SANDWICHES</b>							
Jr. Hamburger							x
Jr. Cheeseburger			x		x		x
Jr. Cheeseburger Deluxe	x		x		x		x
Jr. Bacon Cheeseburger	x		x		x		x
Crispy Chicken Sandwich	x	√	√		√		x
Hamburger, Kids' Meal							x
Cheeseburger, Kids' Meal			x		x		x
Classic Single® w/ Everything	x						x
Baconator™	x		x		x		x
Ultimate Chicken Grill Sandwich	x						x
Spicy Chicken Fillet Sandwich	x	√			√		x
Homestyle Chicken Fillet Sandwich	x	√			x		x
Chicken Club Sandwich*	x	√			x		x
Black Forest Ham & Swiss Frescata™	x		x				x
Roasted Turkey & Swiss Frescata	x		x				x
Frescata Club	x						x
Ham & Cheese Sandwich, Kids' Meal			x		x		x
Turkey & Cheese Sandwich, Kids' Meal			x		x		x

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\*\*Approximate weight before cooking.

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Note: ¼ lb. Double Stack Sandwiches represent approximate weight before cooking.

SANDWICH COMPONENTS	EGG	FISH	MILK	PEANUTS	SOY	TREE NUTS	WHEAT
Hamburger Patty							
Crispy Chicken Patty	√	√	√		√		x
Ultimate Chicken Grill							
Spicy Chicken Fillet	x	√			√		x
Homestyle Chicken Fillet	x	√			x		x
Roasted Turkey Breast							
Black Forest Ham							
Sandwich Bun							x
Premium Roll							x
Artisan Bread							x
American Cheese			x		x		
Swiss Cheese			x				
Bacon							
Mayonnaise	x						
Honey Mustard Sauce	x						
Dill Pickles							
Ketchup							
Mustard							
Iceburg Lettuce							
Tomato							
Onion							

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