



kids'  
meal

**SUPER**  
IDENTITY



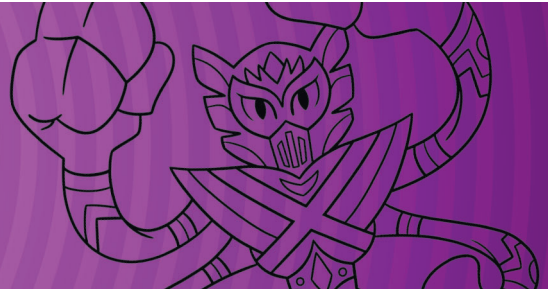
# ACTIVITIES FOR HOME



**CRAFT SAFETY:** Adult supervision is required for any arts & crafts project. Observe children closely and intervene as needed to prevent potential safety problems and ensure appropriate use of materials. Some craft items are potential choking hazards for young children. Avoid use of small parts with children ages 3 or younger. Read all manufacturers' warnings before using arts & crafts supplies.



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# SUPERHERO SHIELD

## WHAT YOU'LL NEED:

- Safety scissors
- Non-toxic glue
- Non-toxic marker
- Cardboard box
- Pencil
- Non-toxic paint
- Paint brush
- Ruler
- Foam sheets

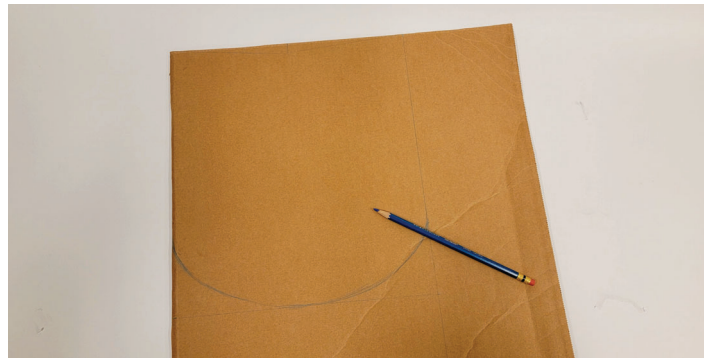


**CAUTION:** The cutting edges of scissors are sharp, and care should be taken whenever cutting or handling.





1. Use one side of a large cardboard box for your shield.



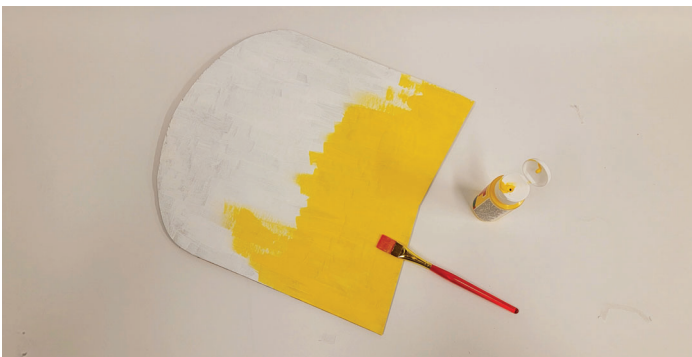
2. Use a pencil to sketch a shield that is at least 11- by 12-inches big.



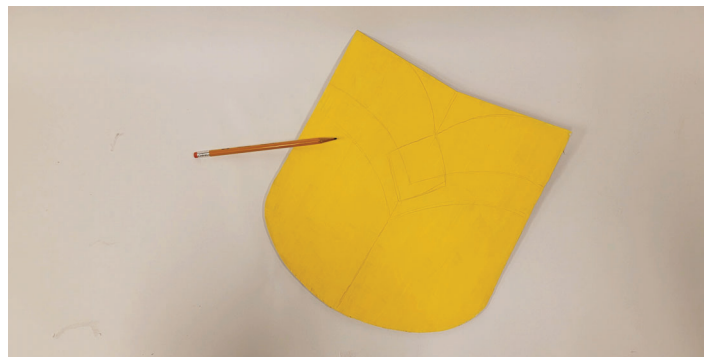
3. Cut out the cardboard shield.



4. Paint the shield with white paint. Let the paint dry.



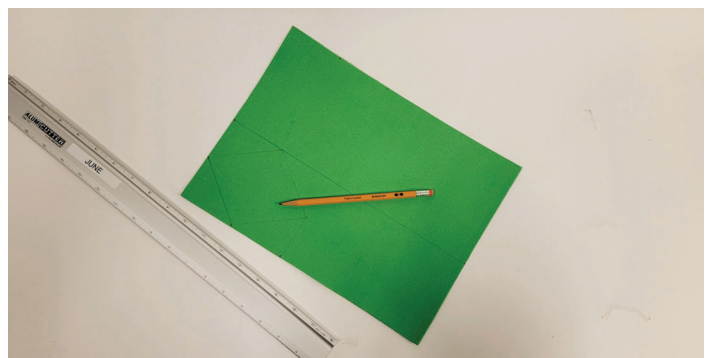
5. Paint over the white with yellow paint.



6. After the yellow paint has dried, use a pencil to sketch the details of your cardboard shield.



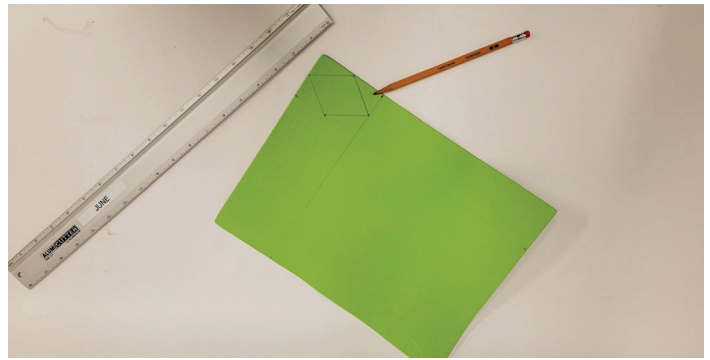
7. Use different shades of yellow to paint in shadows and highlights.



8. Use the ruler and pencil, sketch a diamond-shaped gem for the front of your cardboard shield out of foam sheets.



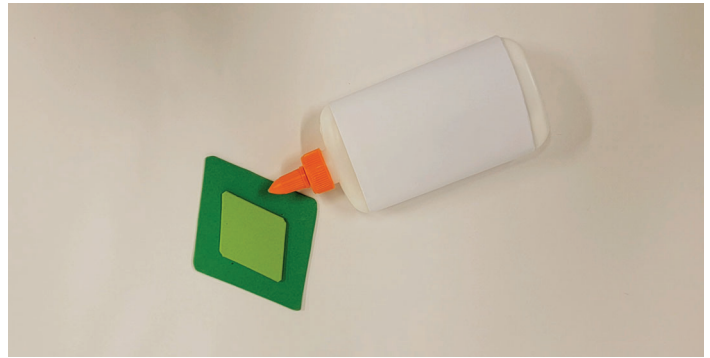
9. Cut out the gem you sketched on the foam sheet.



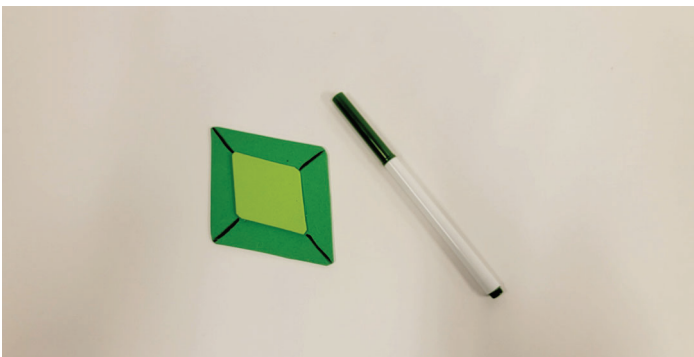
10. Using the ruler and pencil, sketch a smaller gem that will fit over your bigger gem.



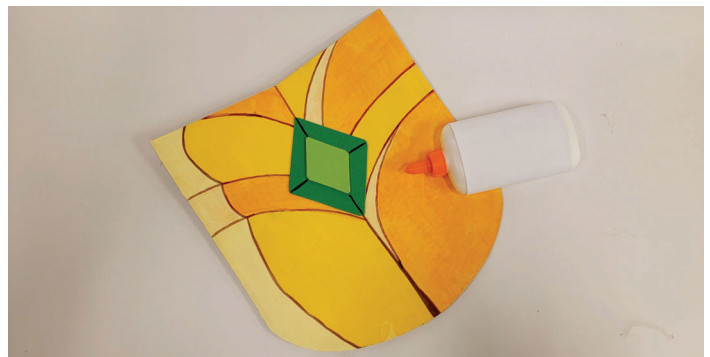
11. Cut out the smaller gem.



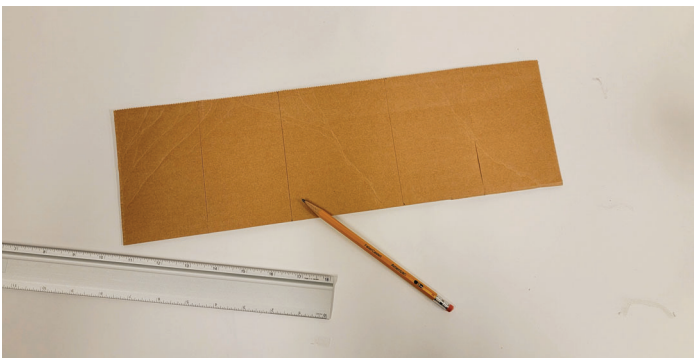
12. Glue the smaller gem on top of the bigger gem.



13. Draw on dimensional details with a marker.



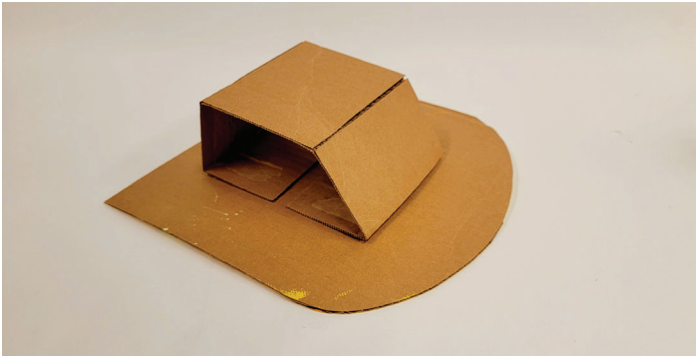
14. Glue the gem on your cardboard shield.



15. Cut out a 16- by 5-inch cardboard piece, and divide it into five sections by sketching on lines.



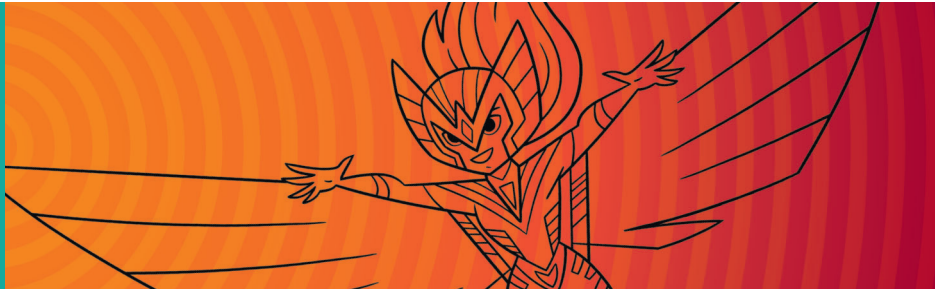
16. Fold the cardboard piece as shown in the image.



17. Glue the folded section to the back of the shield.



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## PICTURE FRAME WITH CRAFT STICK SUPERHERO

### WHAT YOU'LL NEED:

- Safety scissors
- Pencil
- Non-toxic glue
- Cardboard
- Non-toxic paint
- Non-toxic marker
- Foam sheet
- Paint brush
- Small craft sticks
- Large craft sticks
- Googly eyes

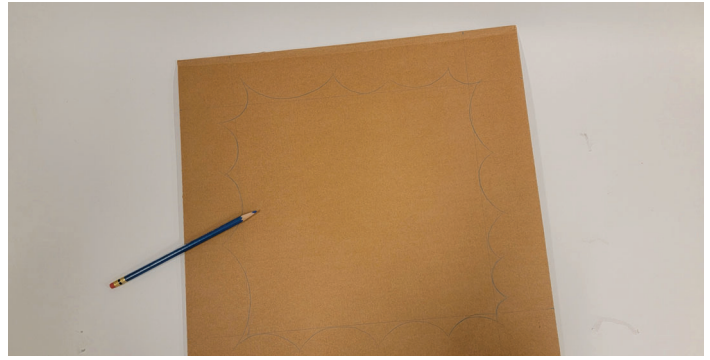


**CAUTION:** The cutting edges of scissors are sharp, and care should be taken whenever cutting or handling.

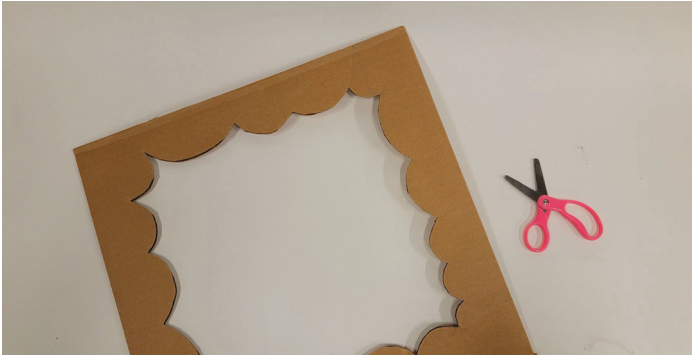




1. Cut out a 16- by 16-inch cardboard piece from a cardboard box.



2. Use a pencil to sketch on the frame details that you want to cut out.



3. Cut out the middle section to create a frame.



4. Paint the front of the frame white.



5. Use a pencil to sketch on the comic frame details.



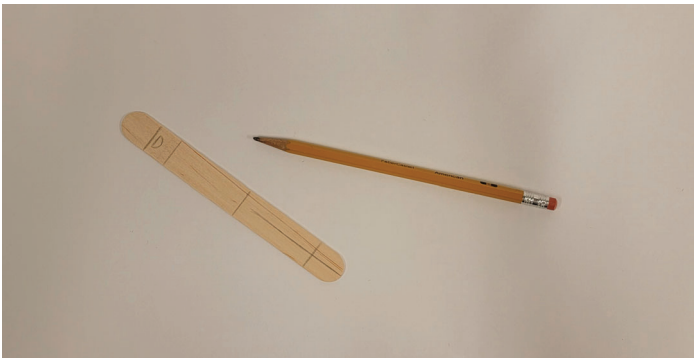
6. Use black paint to emphasize the sketched details.



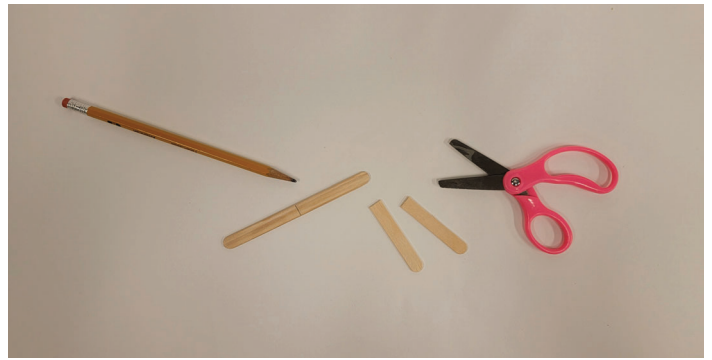
7. Use gray paint to paint on dots to create a halftone effect on your comic frame. You are finished with the frame.



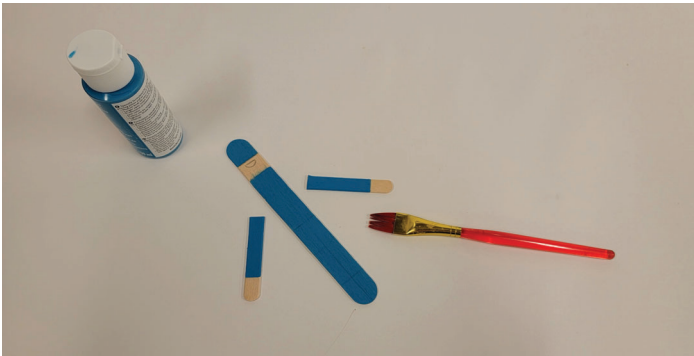
8. Use **large** and **small** craft sticks to create your superheroes.



9. Use a pencil to sketch a mask and costume section on a **large** craft stick.



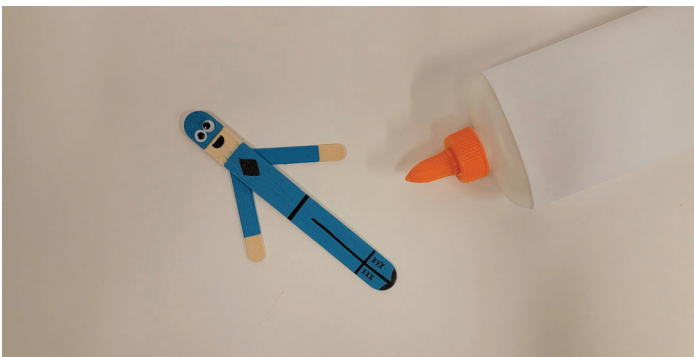
10. Use a pencil to mark the middle of a **small** craft stick, and then cut the stick in half. These will be the superhero's arms.



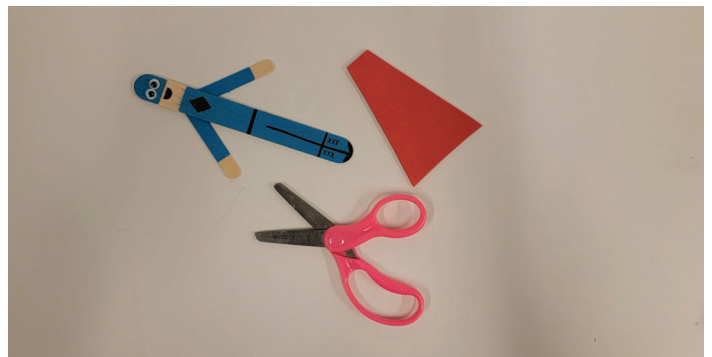
11. Paint on the superhero's costume with blue paint.



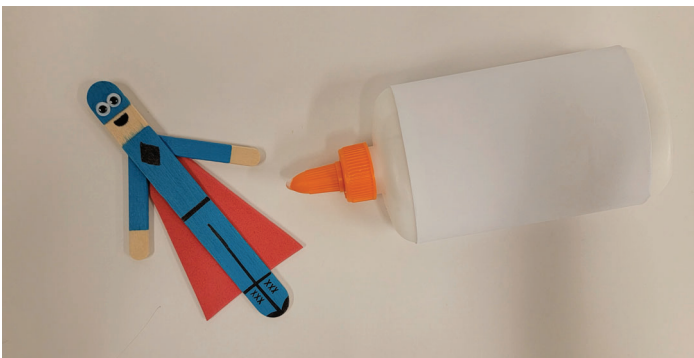
12. Draw on the details with a marker.



13. Glue the arms to the large craft stick and use googly eyes for the superhero's face.



14. Cut a cape-shaped piece out of a foam sheet.



15. Use glue to attach the foam cape to the back of the craft stick superhero.





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# SUPERHERO ARMGUARDS

## WHAT YOU'LL NEED:

- Safety scissors
- Non-toxic glue
- Paper towel roll
- Foam sheets
- Non-toxic paint
- Paint brush



**CAUTION:** The cutting edges of scissors are sharp, and care should be taken whenever cutting or handling.





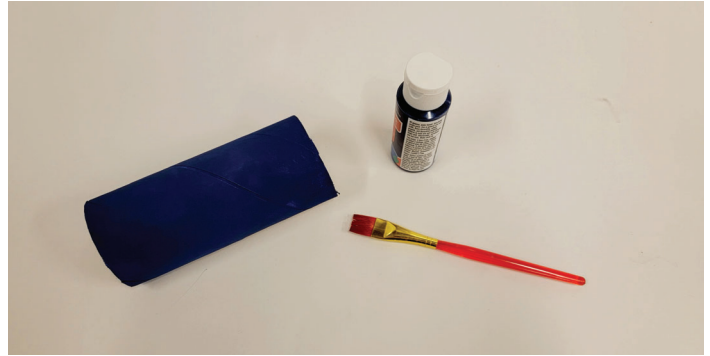
1. Cut a paper towel roll in half.



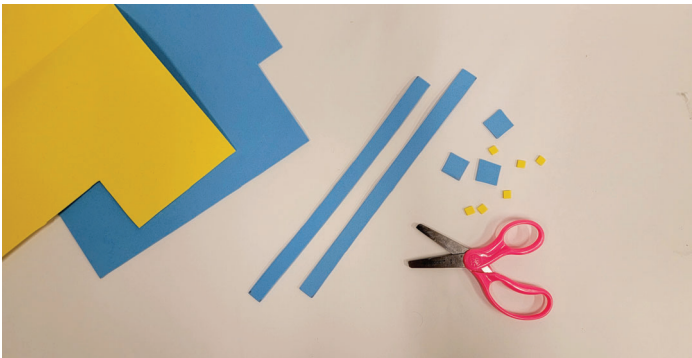
2. Cut the shorter paper roll lengthwise.



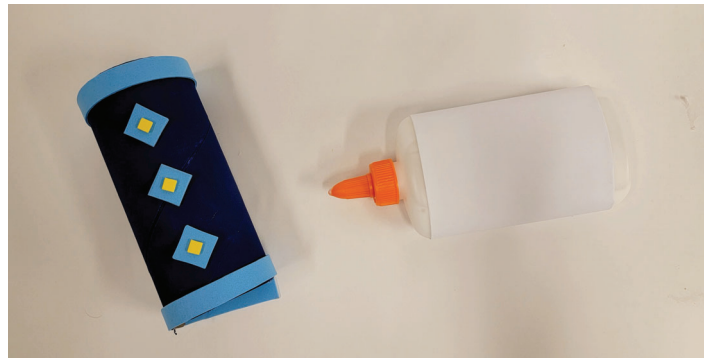
3. Paint the paper roll white and let it dry.



4. Paint the paper roll navy blue.



5. Cut small details out of foam sheets to decorate your armguard.



6. Glue the foam pieces to your painted paper roll.