



INGREDIENT INFORMATION

Ingredient information is provided for most Wendy's menu items but may not include regional or limited time offerings.

Wendy's Restaurants of Canada Inc., its affiliates and franchisees and each of their employees do not assume responsibility for a particular allergy or sensitivity to any food provided in our restaurants. Canadian government regulations have 11 major food allergens: milk, eggs, wheat, soybeans, peanuts, tree nuts, fish, crustacean shellfish, sesame seeds, sulphites, and mustard. For your convenience, menu items and ingredients that contain these major allergens have been indicated. Foods cooked in common oil have also been indicated as possible allergens. We are providing some known instances of allergen cross contact; however, additional instances of cross contact are possible due to common handling and preparation areas in our kitchens.

Wendy's uses highly refined soya oil as an ingredient and therefore, does not indicate soya oil as an allergen. Please consult your Doctor to know if you should avoid products that contain highly refined soya oil.

Name	Ingredient Statement
1% Chocolate Milk	PARTLY SKIMMED MILK (VITAMIN A PALMITATE AND VITAMIN D3), BUTTERMILK, SUGAR, COCOA, SALT, CARRAGEENAN, ARTIFICIAL FLAVOR, COLOR. CONTAINS: MILK
2% Milk	PARTLY SKIMMED MILK, MODIFIED MILK INGREDIENTS, MONO AND DIGLYCERIDES, DISODIUM PHOSPHATE, SODIUM CITRATE, CARRAGEENAN, VITAMIN A PALMITATE AND VITAMIN D3. CONTAINS: MILK
Apple Chunks	APPLES, CALCIUM ASCORBATE (TO MAINTAIN FRESHNESS AND COLOR).
Apple Juice	CONCENTRATED APPLE JUICE, ASCORBIC ACID (VITAMIN C).
Applewood Smoked Bacon	PORK, WATER, SALT, SUGAR, SODIUM PHOSPHATES, SODIUM ERYTHROBATE, SODIUM NITRITE, SMOKE.
Artisan Muffin	UNBLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, CALCIUM SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, MALTED BARLEY), WATER, WHOLE WHEAT FLOUR, HONEY, NON-FAT DRIED MILK, SALT, PALM OIL, CONTAINS LESS THAN 2% OF EACH OF THE FOLLOWING: YEAST, NATURAL FLAVORS, BAKING SODA AND BAKING POWDER, CALCIUM PROPIONATE (PRESERVATIVE). CONTAINS: WHEAT, MILK
Asiago Cheese	MILK, MODIFIED MILK INGREDIENTS, SALT, CALCIUM CHLORIDE, BACTERIAL CULTURE, MICROBIAL ENZYME, LIPASE. CONTAINS: MILK
Bacon Pieces	WATER, SALT, SUGAR, SMOKE FLAVOUR, SODIUM PHOSPHATE, SODIUM ERYTHROBATE, SODIUM NITRITE, SMOKE.
Barbecue Dipping Sauce	SUGAR/GLUCOSE-FRUCTOSE, WATER, TOMATO PASTE, VINEGAR, MOLASSES, SEASONING (SALT, MODIFIED CORN STARCH, TORULA YEAST, SPICES [INCLUDING MUSTARD], NATURAL SMOKE FLAVOUR, ONION POWDER, GARLIC POWDER), MODIFIED CORN STARCH, SALT, SODIUM BENZOATE.

	CONTAINS: MUSTARD
Barbecue Ranch Dressing	WATER, SOYA OIL, VINEGAR, CULTURED BUTTERMILK (MILK INGREDIENTS, BACTERIAL CULTURE, LACTOSE, SALT), REFINERS' MOLASSES, CORN SYRUP, TOMATO PASTE, BROWN SUGAR, HONEY, EXTRA VIRGIN OLIVE OIL, LIQUID EGG YOLK, SEA SALT, SUGAR, GRANULAR AND PARMESAN CHEESE (MILK INGREDIENTS, BACTERIAL CULTURE, SALT, RENNET, LIPASE, CHYMOSIN, MICROBIAL ENZYME), GARLIC, RED CHILI PEPPER, SALT, DEHYDRATED GARLIC, DEHYDRATED ONION, CHILI POWDER (CHILI PEPPER, GARLIC POWDER, SPICES), DEHYDRATED ANCHO CHILI PEPPER, DRIED EGG-WHITE, CULTURED SKIM MILK POWDER (SKIM MILK, BACTERIAL CULTURE), CORN OIL, SEASONINGS (SALT, DEHYDRATED ONION AND GARLIC, SOUR CREAM POWDER, BUTTERMILK POWDER, SUGAR, WHEY POWDER, SPICES, PARSLEY, LACTIC ACID, CITRIC ACID, SILICON DIOXIDE), SPICES, NATURAL FLAVOUR, XANTHAN GUM, CITRIC ACID, LACTIC ACID, POTASSIUM CHLORIDE. CONTAINS: EGG, MILK
Barq's® Root Beer	SUGAR/GLUCOSE-FRUCTOSE, WATER, CARAMEL COLOUR, SODIUM BENZOATE, NATURAL AND ARTIFICIAL FLAVOURS, CITRIC ACID, CAFFEINE.
Becel® Margarine	CANOLA AND SUNFLOWER OILS 74%, WATER, MODIFIED PALM AND PALM KERNEL OILS 6%, SALT, BUTTERMILK POWDER 1% (MILK), NATURAL FLAVOURS, LACTIC ACID, VITAMIN A PALMITATE (VITAMIN A), VITAMIN D3, NATURAL COLOUR, SOY LECITHIN (SOY). CONTAINS: MILK, SOY
Beef Patty, 1/4 lb.	GROUND BEEF, SALT. HAMBURGER PATTIES ARE COOKED ON THE SAME GRILL AS AND MAY COME IN CONTACT WITH INGREDIENTS THAT CONTAIN MILK AND SOY
Black Pepper Packet	BLACK PEPPER.
Blue Cheese Crumbles	PASTEURIZED MILK, CREAM, SALT, BACTERIAL CULTURE, CALCIUM CHLORIDE, MICROBIAL ENZYME, PENICILLIUM ROQUEFORTI. CONTAINS: MILK
Brown Sugar	BROWN SUGAR.
Butter Spread	NON-HYDROGENATED OIL BLEND (SOYBEAN OIL, MODIFIED PALM AND PALM KERNEL OIL), MODIFIED MILK INGREDIENTS, SALT, SOYA LECITHIN, VEGETABLE MONOGLYCERIDES, POTASSIUM SORBATE, LACTIC CULTURES, BETA CAROTENE, VITAMIN A PALMITATE, VITAMIN D3. CONTAINS: MILK, SOY
Buttermilk Ranch Dipping Sauce	SOYA OIL, WATER, SUGAR/GLUCOSE-FRUCTOSE, MODIFIED MILK INGREDIENTS, VINEGAR, SALT, DRIED TORULA YEAST,

	<p>GARLIC POWDER, FLAVOURS, SPICE, ONION POWDER, DRIED PARSLEY, MODIFIED CORN STARCH, SODIUM ALGINATE, POTASSIUM CITRATE, POLYSORBATE 60, DISODIUM INOSINATE AND DISODIUM GUANYLATE, PHOSPHORIC ACID, LACTIC ACID, XANTHAN GUM, POTASSIUM SORBATE, SODIUM BENZOATE, CALCIUM DISODIUM EDTA, COLOUR (BETA-CAROTENE).</p> <p>CONTAINS: MILK</p>
Caesar Dressing	<p>WATER, SOYBEAN OIL, RED WINE VINEGAR, EXTRA VIRGIN OLIVE OIL, LIQUID EGG YOLK, PARMESAN CHEESE (MILK INGREDIENTS, BACTERIAL CULTURE, SALT, CHYMOSIN), ROMANO CHEESE (MILK INGREDIENTS, BACTERIAL CULTURE, SALT, LIPASE), SUGAR, WHITE VINEGAR, DEHYDRATED GARLIC, SEA SALT, SALT, ANCHOVIES (FISH), MUSTARD SEED, SPICES, CELLULOSE, XANTHAN GUM.</p> <p>CONTAINS: EGG, FISH (ANCHOVIES), MILK, MUSTARD</p>
Cheddar Cheese Sauce	<p>WATER, CHEDDAR CHEESE (MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYMES), MILK INGREDIENTS, CREAM CHEESE SPREAD (MILK, CREAM, BACTERIAL CULTURE, SALT, CAROB BEAN GUM), MODIFIED CORNSTARCH, NON FAT DRY MILK, SOYBEAN OIL, PALM OIL, WHEY, SODIUM PHOSPHATE, CREAM, CHEESE CULTURE, MILK FAT, SEA SALT, SALT, PARMESAN CHEESE (PASTEURIZED PART-SKIM MILK, CHEESE CULTURES, SALT, ENZYME), BUTTER, SODIUM ALGINATE, CAROB BEAN GUM, MONO & DIGLYCERIDES, ANNATTO, APO-CAROTENAL (COLOR), SOYA LECITHIN.</p> <p>CONTAINS: MILK, SOY</p>
Cheddar Cheese Slice	<p>CHEESE (MILK, MODIFIED INGREDIENTS, BACTERIAL CULTURE, SALT, RENNET, ANO/OR MICROBIAL ENZYME, CALCIUM CHLORIDE, LIPASE, COLOUR), MODIFIED MILK INGREDIENTS, WATER, SODIUM CITRATE AND/OR SODIUM PHOSPHATE, GLUCOSE, SALT, SKIM MILK POWDER, ACETIC ACID, SORBIC ACID, SOY LECITHIN, SOYBEAN OIL (FOR SLICE SEPARATION), COLOUR, CARBOXYMETHYLCELLULOSE. MAY CONTAIN CITRIC ACID.</p> <p>CONTAINS: MILK, SOY</p>
Cheddar Cheese, Shredded	<p>MILK, SALT, MODIFIED MILK INGREDIENTS, BACTERIAL CULTURE, ENZYMES, COLOUR, POTATO STARCH AND POWDERED CELLULOSE (TO PREVENT CAKING), NATAMYCIN (A NATURAL MOLD INHIBITOR). MAY CONTAIN CALCIUM CHLORIDE.</p> <p>CONTAINS: MILK</p>
Chicken Nuggets	<p>CHICKEN BREAST MEAT, WATER, MODIFIED POTATO STARCH, SODIUM PHOSPHATE, SALT. IN A BREADING OF WHEAT FLOUR, WATER, MODIFIED CORN STARCH, SALT, SPICE, DEXTROSE, YELLOW CORN FLOUR, CITRIC ACID, LEAVENING (SODIUM PHOSPHATE, SODIUM BICARBONATE,</p>

	<p>MONOCALCIUM PHOSPHATE, SODIUM ALUMINUM PHOSPHATE), SOYBEAN OIL, GARLIC POWDER, YEAST, XANTHAN GUM. BROWNED IN CANOLA OIL). MAY CONTAIN EGG, MILK, SOY. COOKED IN THE SAME OIL AS MENU ITEMS THAT CONTAIN OR MAY CONTAIN MUSTARD, WHEAT, EGG, SOY, MILK, FISH, AND SULPHITES.</p> <p>CONTAINS: WHEAT</p>
Chili	<p>WATER, CHILI BASE (TOMATOES (WATER, TOMATO PASTE, TOMATOES, CALCIUM CHLORIDE), SUGAR, MODIFIED CORNSTARCH, SALT, DRIED CHILI PEPPERS, NATURAL FLAVOURS, SPICES, FLAVOUR ENHANCER (DEXTROSE, SALT, YEAST EXTRACT, SILICON DIOXIDE, MODIFIED CORNSTARCH), CITRIC ACID, DISODIUM INOSINATE AND GUANYLATE, XANTHAN GUM], VEGETABLES (ONIONS, CELERY, GREEN PEPPERS). GROUND BEEF (SEASONED WITH SALT), CHILI BEANS (PREPARED PINK BEANS, PREPARED KIDNEY BEANS), SOYA LECITHIN. BEEF IS COOKED ON THE SAME GRILL AS, AND MAY COME IN CONTACT WITH, INGREDIENTS THAT CONTAIN MILK AND SOY</p> <p>CONTAINS: SOY</p>
Chocolate Frosty™	<p>MODIFIED MILK INGREDIENTS, SUGAR, GLUCOSE, COCOA, GUAR GUM, MONO- AND DIGLYCERIDES, CELLULOSE GUM, CARRAGEENAN, CALCIUM SULFATE, DISODIUM PHOSPHATE, ARTIFICIAL FLAVOUR.</p> <p>CONTAINS: MILK</p>
Clarified Butter	<p>BUTTER OIL.</p> <p>CONTAINS: MILK</p>
Cod Fillet	<p>COD, WATER, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, BLEACHED WHEAT FLOUR, LESS THAN 2% OF EACH OF THE FOLLOWING: ASCORBIC ACID (DOUGH CONDITIONER), DISODIUM INOSINATE AND GUANYLATE, GARLIC POWDER, LEAVENING (SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE), MALTED BARLEY FLOUR, NATURAL FLAVOR, ONION POWDER, PALM OIL, SALT, SODIUM PHOSPHATES, SOYBEAN OIL, SPICE, YEAST, YELLOW CORN FLOUR. COOKED IN SOYBEAN OIL, VEGETABLE OIL (MAY CONTAIN ONE OR MORE OF THE FOLLOWING: CANOLA, CORN, COTTONSEED), HYDROGENATED SOYBEAN OIL, NATURAL FLAVOR, CITRIC ACID (PRESERVATIVE), DIMETHYLPOLYSILOXANE (ANTI-FOAMING AGENT). COOKED IN THE SAME OIL THAT CONTAINS OR MAY CONTAIN MUSTARD, WHEAT, EGG, SOY, MILK, FISH, AND SULPHITES</p> <p>CONTAINS: FISH, WHEAT</p>
Coffee, Decaf	COFFEE
Coke®	SUGAR/GLUCOSE-FRUCTOSE, WATER, CARAMEL COLOUR,

	PHOSPHORIC ACID, NATURAL FLAVOUR, CAFFEINE.
Coke Zero®	WATER, CARAMEL COLOUR, PHOSPHORIC ACID, POTASSIUM CITRATE, POTASSIUM BENZOATE, NATURAL FLAVOUR, ASPARTAME (CONTAINS PHENYLALANINE), ACESULFAME-POTASSIUM, CAFFEINE, SUCRALOSE, DIMETHYLPOLYSILOXANE
Cream 18%	MILK, CREAM, MONO AND DIGLYCERIDES, DISODIUM PHOSPHATE, SODIUM CITRATE, CARRAGEENAN. CONTAINS: MILK
Creamer	MODIFIED MILK INGREDIENTS, MONO AND DIGLYCERIDES, DISODIUM PHOSPHATE, SODIUM CITRATE, CARRAGEENAN. CONTAINS: MILK
Creamer, Table	MILK, CREAM. CONTAINS: MILK
Creamy Sriracha Sauce	SOYBEAN OIL, SRIRACHA SAUCE (RED CHILI PEPPERS, VINEGAR, SUGAR, GARLIC, SALT, OLEORESIN CAPSICUM), WATER, VINEGAR, SUGAR, SALT, MODIFIED CORN STARCH, DIJON MUSTARD (VINEGAR, MUSTARD SEED, WATER, SALT, WHITE WINE, CITRIC ACID, TARTARIC ACID, SPICES), GARLIC, XANTHAN GUM, LEMON JUICE CONCENTRATE, SPICES, NATURAL FLAVOUR, GARLIC POWDER, POLYSORBATE 60, EXTRACTIVES OF PAPRIKA, ONION POWDER, POTASSIUM SORBATE, SODIUM BENZOATE, YEAST EXTRACT, CALCIUM DISODIUM EDTA (PROTECT FLAVOR). CONTAINS: MUSTARD
Dasani® Bottled Water	WATER, MAGNESIUM SULPHATE, POTASSIUM CHLORIDE, SALT, OZONE
Diet Coke®	WATER, CARAMEL COLOUR, PHOSPHORIC AND CITRIC ACID, ASPARTAME (CONTAINS PHENYLALANINE), FLAVOUR, SODIUM BENZOATE, ACESULFAME-POTASSIUM, CAFFEINE, DIMETHYLPOLYSILOXANE.
Dill Slice Pickles	CUCUMBERS, WATER, SALT, VINEGAR, LACTIC ACID, SODIUM BENZOATE (PRESERVATIVE), NATURAL FLAVORS, POLYSORBATE 80, TURMERIC (COLOR).
Dill Tartar Sauce	SOYA OIL, SEASONED CUCUMBERS (CUCUMBERS, WATER, VINEGAR, SALT, NATURAL FLAVOUR, XANTHAN GUM, ALUM), LIQUID EGG YOLK, VINEGAR, WATER, SALT, CUCUMBER JUICE, DILL, SUGAR, MUSTARD SEED, NATURAL FLAVOUR, XANTHAN GUM. CONTAINS: EGG, MUSTARD
Dried Cranberries	CRANBERRIES, SUGAR, SUNFLOWER OIL.
Fanta Orange®	WATER, SUGAR/GLUCOSE-FRUCTOSE, CITRIC ACID, MODIFIED CORN STARCH, SODIUM BENZOATE, NATURAL FLAVOUR, MALIC ACID, POTASSIUM SORBATE, COLOUR, DIMETHYLPOLYSILOXANE.
Fat Free Italian Vinaigrette	WATER, SUGAR, WHITE WINE VINEGAR, WHITE VINEGAR, MODIFIED CORN STARCH, GARLIC, SALT, DEHYDRATED

	GARLIC, MUSTARD SEED, DEHYDRATED ONION, DEHYDRATED BELL PEPPER, SPICES, OLEORESIN ROSEMARY, XANTHAN GUM. CONTAINS: MUSTARD
Feta Cheese Crumbles	PASTEURIZED MILK, MODIFIED MILK INGREDIENTS, SALT, LIPASE, BACTERIAL CULTURE, MICROBIAL ENZYME, NATAMYCIN. MAY CONTAIN CALCIUM CHLORIDE. CONTAINS: MILK
Fire Roasted Corn	CORN, VEGETABLE OIL (CANOLA, OLIVE).
Fruitopia Strawberry Passion Awareness®	SUGAR/GLUCOSE-FRUCTOSE, WATER, FRUIT JUICES FROM CONCENTRATE (APPLE, PEAR, STRAWBERRY, AND PASSIONFRUIT), CITRIC ACID, NATURAL FLAVOUR, ASCORBIC ACID (VITAMIN C), SODIUM BENZOATE, POTASSIUM CITRATE, POTASSIUM SORBATE, COLOUR, COCONUT OIL.
Gourmet Croutons	ENRICHED WHEAT FLOUR, SUNFLOWER OIL AND/OR CANOLA OIL, SALT, GARLIC (DEHYDRATED), WATER, YEAST, MALTED BARLEY FLOUR, SEASONINGS (SEA SALT, BLACK PEPPER, NATURAL FLAVOUR), NATURAL BUTTER FLAVOUR (MILK), OLEORESIN ROSEMARY, ASCORBIC ACID, CITRIC ACID AND/OR TOCOPHEROLS (TO MAINTAIN FRESHNESS). CONTAINS: MILK, WHEAT
Green Herbal Tea	PREMIUM SENCHA GREEN TEA, LEMONGRASS, LEMON BALM HERB, VERBENA LEAVES.
Grilled Chicken Breast Fillet	CHICKEN BREAST, WATER, SEASONING (SALT, NATURAL FLAVOURS, CORN MALTODEXTRIN, DEXTROSE, SPICES, DEHYDRATED GARLIC POWDER, DEHYDRATED ONION POWDER, PAPRIKA, GUM ARABIC, YEAST EXTRACT, CANOLA OIL, SODIUM CITRATE, SUGAR), POTATO STARCH, CARRAGEENAN. GRILLED, HOMESTYLE AND SPICY CHICKEN BREASTS ARE CUT ON A COMMON CUTTING BOARD. CONTAINS: SOY
Hi-C Flashin' Fruit Punch®	WATER, HIGH FRUCTOSE CORN SYRUP, CITRIC ACID, NATURAL FLAVORS, ASCORBIC ACID (VITAMIN C), RED 40.
Hollandaise Sauce	WATER, CREAM CHEESE (PASTEURIZED MILK & CREAM, CHEESE CULTURE, SALT, CAROB BEAN GUM), BUTTER (CREAM, SALT), CREAM, HOLLANDAISE SEASONING (WHEY PROTEIN CONCENTRATE, SEA SALT, EGG YOLKS, NATURAL COLOR, SOY LECITHIN, XANTHAN GUM, SPICE), LEMON JUICE FROM CONCENTRATE (WATER, LEMON JUICE), CORNSTARCH. CONTAINS: EGG, MILK, SOY
Homestyle Chicken Breast Fillet	CHICKEN BREAST FILLETS, WATER, SEASONING (SALT, AUTOLYZED YEAST EXTRACT, SUGAR, FLAVOUR, CHICKEN, MALTODEXTRIN, GUM ARABIC, SILICON DIOXIDE, LACTIC ACID, SUNFLOWER OIL, CANOLA OIL, DEXTROSE, GRILL FLAVOR (FROM CANOLA OIL), CITRIC ACID), MODIFIED POTATO STARCH, SODIUM PHOSPHATE. BREADED WITH

	<p>WHEAT FLOUR, WATER, SALT, MODIFIED CORN STARCH, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), DEHYDRATED ONION, NATURAL FLAVOUR, DEHYDRATED GARLIC, YEAST EXTRACT (MAY CONTAIN BARLEY GLUTEN), SPICE EXTRACTIVES, SOYBEAN OIL, HYDROGENATED SUNFLOWER OIL, SILICON DIOXIDE. BROWNED IN CANOLA OIL). COOKED IN THE SAME OIL AS MENU ITEMS THAT CONTAIN OR MAY CONTAIN MUSTARD, EGG, SOY, MILK, FISH, AND SULPHITES. MAY CONTAIN MILK, EGGS, SOY, AND SULPHITES.</p> <p>CONTAINS: WHEAT</p>
Homestyle Chicken Strips	<p>CHICKEN BREAST, WATER, MODIFIED POTATO STARCH, SALT, SODIUM PHOSPHATE. BATTERED AND BREADED WITH: WHEAT FLOUR, WATER, RICE FLOUR, SALT, MODIFIED CORN STARCH, SUGAR, SPICES, BAKING POWDER, DEXTROSE, ONION POWDER, GARLIC POWDER, CHICKEN BROTH, AUTOLYZED YEAST EXTRACT, CORN MALTODEXTRIN, NATURAL AND ARTIFICIAL FLAVOUR, SOYA OIL, LACTIC ACID, EXTRACTIVES OF PAPRIKA, HYDROGENATED SOYA OIL. COOKED IN SOYA OIL, CANOLA OIL AND/OR CORN OIL AND/OR COTTONSEED OIL, HYDROGENATED SOYA OIL, CITRIC ACID (PRESERVATIVE), DIMETHYLPOLYSILOXANE (ANTI-FOAMING AGENT). MAY CONTAIN EGG, MILK, AND SOY. COOKED IN THE SAME OIL AS MENU ITEMS THAT CONTAIN OR MAY CONTAIN MUSTARD, WHEAT, EGG, SOY, MILK, FISH, AND SULPHITES.</p> <p>CONTAINS: WHEAT</p>
Homestyle Potatoes	<p>POTATOES, HIGH OLEIC CANOLA OIL, MODIFIED CORN STARCH, RICE FLOUR, CORN STARCH, SALT, DEXTRIN, SPICE, SUGAR, GARLIC POWDER, ONION POWDER, DEXTROSE, XANTHAN GUM, COLOR (ANNATTO), LEAVENING (DISODIUM DIHYDROGEN PYROPHOSPHATE, SODIUM BICARBONATE). COOKED IN THE SAME OIL AS MENU ITEMS THAT CONTAIN OR MAY CONTAIN MUSTARD, WHEAT, EGG, SOY, MILK, FISH, AND SULPHITES.</p>
Honey Mustard Dipping Sauce	<p>WATER, SUGAR/GLUCOSE-FRUCTOSE, SOYBEAN OIL, DIJON MUSTARD (VINEGAR, MUSTARD SEED, WATER, SALT, WHITE WINE, CITRIC ACID, TARTARIC ACID, SPICES), VINEGAR, HONEY, SUGAR, MODIFIED CORN STARCH, MODIFIED TAPIOCA STARCH, SALT, XANTHAN GUM, MUSTARD FLOUR, SODIUM BENZOATE, FLAVOUR, SPICES, CALCIUM DISODIUM EDTA, EXTRACTIVES OF TURMERIC, EXTRACTIVES OF PAPRIKA.</p> <p>CONTAINS: MUSTARD</p>
Honey Roasted Pecans	<p>PECANS, SUGAR, HONEY, CORN STARCH, CALCIUM STEARATE (ANTI-CAKING AGENT), SOY LECITHIN, MALTODEXTRIN, LACTOSE (FROM MILK), XANTHAN GUM,</p>

	SOYBEAN OIL, SEA SALT, CAYENNE PEPPER. CONTAINS: MILK, SOY, TREE NUTS (PECANS)
Hot Chili Seasoning	WATER, GLUCOSE-FRUCTOSE, SALT, VINEGAR, FLAVOUR, XANTHAN GUM, EXTRACTIVES OF PAPRIKA.
Iceberg Lettuce	ICEBERG LETTUCE.
Iced Coffee	COFFEE.
Chili Beans	PREPARED PINK BEANS, PREPARED RED KIDNEY BEANS.
Jr. Beef Patty	GROUND BEEF, SALT. HAMBURGER PATTIES ARE COOKED ON THE SAME GRILL AS AND MAY COME IN CONTACT WITH INGREDIENTS THAT CONTAIN MILK AND SOY
Ketchup	TOMATO PASTE (MADE FROM FRESH RIPE TOMATOES), LIQUID SUGAR, WHITE VINEGAR, SALT, ONION POWDER, SPICES.
Lemonade	SUGAR, FILTERED WATER, LEMON JUICE, LEMON PULP, CONCENTRATED LEMON JUICE, NATURAL FLAVOUR.
Light Balsamic Vinaigrette	WATER, BALSAMIC FLAVOURED VINEGAR (WINE VINEGAR, GRAPE MUST), CORN SYRUP, SUGAR, SOYBEAN OIL, WHITE VINEGAR, SHALLOTS, GARLIC, SOY SAUCE (WATER, SOYBEAN, SALT, ALCOHOL), SEA SALT, EXTRA VIRGIN OLIVE OIL, SALT, DEHYDRATED GARLIC, OLEORESIN ROSEMARY, SPICES, NATURAL FLAVOUR, XANTHAN GUM. CONTAINS: SOY
Light Ranch Dressing	WATER, CULTURED BUTTERMILK (MILK INGREDIENTS, BACTERIAL CULTURE, LACTOSE, SALT), SOYBEAN OIL, YOGURT (MILK INGREDIENTS, BACTERIAL CULTURE), VINEGAR, LIQUID EGG YOLK, CORN STARCH, EXTRA VIRGIN OLIVE OIL, SEA SALT, CULTURED WHEY POWDER (WHEY, BACTERIAL CULTURE, MALTODEXTRIN), GARLIC (DEHYDRATED), SALT, ONION (DEHYDRATED), GREEN ONION, MUSTARD SEED, SPICES, NATURAL FLAVOUR, XANTHAN GUM. CONTAINS: EGG, MILK, MUSTARD
Liquid Egg	LIQUID WHOLE EGG (EGG), CITRIC ACID. CONTAINS: EGG
Mayonnaise	SOYA OIL, WATER, LIQUID EGG YOLK, CORN SYRUP, VINEGAR, SALT, MUSTARD SEED, CALCIUM DISODIUM EDTA (TO PROTECT FLAVOUR). CONTAINS: EGG, MUSTARD
Mediterranean Hummus	GREAT NORTHERN BEANS, RED BELL PEPPERS, WATER, TAHINI PASTE (SESAME SEEDS), EXTRA VIRGIN OLIVE OIL, NATURAL FLAVOUR, GARLIC, CONCENTRATED LIME JUICE, SALT, SUGAR, DEHYDRATED GARLIC, CITRIC ACID, DEHYDRATED ONION, SPICES, SESAME SEEDS, RED CHILI PEPPER. CONTAINS: SESAME SEEDS

Multigrain Bun	ENRICHED WHEAT FLOUR, WATER, WHOLE WHEAT FLOUR, SUGAR, YEAST, WHEAT GLUTEN, GRAIN BLEND (MILLET, SESAME SEEDS, FLAX SEEDS, ROLLED OATS, CRACKED WHEAT), VEGETABLE OIL (CANOLA OR SOYBEAN), SALT, MOLASSES, CULTURED WHEAT STARCH, VINEGAR, SODIUM STEAROYL-2-LACTYLATE, MONOGLYCERIDES, TOPPING: GLAZE (WATER, VEGETABLE PROTEINS (PEA, WHEAT, POTATO, RICE), VEGETABLE OIL (CANOLA OR SOYBEAN), DEXTROSE, WHEAT STARCH), GRAIN AND SEED BLEND (SESAME SEEDS, QUINOA, OATS, CORN MEAL, BULGAR WHEAT, KHORASAN WHEAT). BUN IS TOASTED IN A COMMON TOASTER WITH PRODUCTS THAT CONTAIN EGG, MILK, SOY AND SESAME SEEDS. MAY CONTAIN SOYBEAN. CONTAINS: WHEAT AND SESAME SEEDS
Natural-Cut Fries, Salted	POTATOES, VEGETABLE OIL (CANOLA, SOYBEAN, COTTONSEED, AND/OR SUNFLOWER), DEXTROSE, SODIUM ACID PYROPHOSPHATE. COOKED IN VEGETABLE OIL (SOYBEAN, CANOLA, CORN OR COTTONSEED), HYDROGENATED SOYBEAN OIL, CITRIC ACID (PRESERVATIVE) AND DIMETHYLPOLYSILOXANE (ANTI-FOAMING AGENT). SEASONED WITH SEA SALT. COOKED IN THE SAME OIL AS MENU ITEMS THAT CONTAIN OR MAY CONTAIN MUSTARD, WHEAT, EGG, SOY, MILK, FISH, AND SULPHITES.
Nestea Lemon®	WATER, SUGAR/GLUCOSE-FRUCTOSE, CITRIC ACID, CONCENTRATED TEA FROM TEA LEAVES, POTASSIUM CITRATE, SODIUM BENZOATE, NATURAL LEMON FLAVOUR
Oatmeal Bar	ROLLED OATS, SUGAR. ENRICHED FLOUR, SPREAD (PALM OIL MARGARINE, BUTTER), FANCY MOLASSES, LIQUID WHOLE EGGS, CRANBERRIES, BLUEBERRIES, INULIN, INVERT SUGAR, SOYBEAN OIL, SODIUM BICARBONATE, WHEAT GLUTEN, SPICES, SALT, SUNFLOWER OIL, NATURAL FLAVOURS, CITRIC ACID, MONOCALCIUM PHOSPHATE, HONEY, SOYA LECITHIN. CONTAINS: WHEAT, SOY, EGGS AND MILK.
Orange Juice	CONCENTRATED ORANGE JUICE.
Orange Marmalade	SUGAR/GLUCOSE-FRUCTOSE, ORANGE PEEL, WATER, CONCENTRATED LEMON JUICE, CONCENTRATED ORANGE JUICE, CITRIC ACID, PECTIN, SODIUM CITRATE.
Orange Pekoe Black Tea	PREMIUM BLACK TEA.
Panini Bread	ENRICHED WHEAT FLOUR, WATER, GLUCOSE-FRUCTOSE/SUGAR, YEAST, SALT, SOYBEAN FLOUR, VEGETABLE OIL (CANOLA OR SOYBEAN), CORNSTARCH, WHEAT GLUTEN, ACETIC ACID, CALCIUM PROPIONATE, SODIUM STEAROYL LACTYLATE, MONOGLYCERIDES, CALCIUM SULFATE, POTASSIUM IODATE, LACTIC ACID, MALTED BARLEY FLOUR) BUNS AND BREAD MAY CONTAIN EGG, MILK, SOY, SESAME SEEDS AND SULPHITES. CONTAINS: SOY, WHEAT

Pomegranate Vinaigrette	WATER, SUGAR, CONCENTRATED POMEGRANATE JUICE, WHITE WINE VINEGAR, SOYBEAN OIL, CONCENTRATED ORANGE JUICE, BALSAMIC VINEGAR, WHITE VINEGAR, SEA SALT, EXTRA VIRGIN OLIVE OIL, SWEETENED ORANGE PEEL (ORANGE PEEL, SUGAR, ORANGE OIL), SHALLOTS, SPICES, NATURAL FLAVOUR, XANTHAN GUM.
Pork Sausage	PORK, WATER, TOASTED WHEAT CRUMBS, CORN SYRUP SOLIDS, SALT, SPICES (CONTAINS MUSTARD), FLAVOURS, SOY LECITHIN. CONTAINS: SOY, MUSTARD, WHEAT
Poutine Cheese Curds	PASTEURIZED MILK, MODIFIED MILK INGREDIENTS (MILK), PASTEURIZED CREAM (MILK), BACTERIAL CULTURE, SALT, CALCIUM CHLORIDE, MICROBIAL ENZYME. CONTAINS: MILK
Poutine Sauce	MODIFIED CORN STARCH, CORN SYRUP SOLIDS, SALT, HYDROLYZED PLANT PROTEIN (CORN GLUTEN, SOY PROTEIN, WHEAT GLUTEN), SEASONED CHICKEN FAT, DEHYDRATED VEGETABLES (ONIONS, TOMATOES [SILICON DIOXIDE], GARLIC), SPICES, FLAVOUR (INCLUDES MILK), COLOUR (CAMEL COLOUR, TURMERIC, PAPRIKA), AUTOLYZED YEAST EXTRACT, DISODIUM GUANYLATE, DISODIUM INOSINATE, ARTIFICIAL FLAVOUR, SULPHITES. CONTAINS: MILK, SOY, SULPHITES, WHEAT
Premium Bun	ENRICHED WHEAT FLOUR (BARLEY), WATER, SUGAR/GLUCOSE-FRUCTOSE, YEAST, VEGETABLE OIL (CANOLA OR SOYBEAN), SALT, WHEAT GLUTEN, VEGETABLE MONOGLYCERIDES, CALCIUM SULPHATE, CALCIUM PROPIONATE, ACETYLATED TARTARIC ACID ESTERS OF MONO AND DIGLYCERIDES, SODIUM STEAROYL-2-LACTYLATE, ASCORBIC ACID, SORBIC ACID, VEGETABLE PROTEIN (PEA, POTATO, AND/OR RICE), SUNFLOWER OIL, DEXTROSE, WHEAT MALTODEXTRIN, CORN STARCH, ENZYMES (AMYLASE, GLUCOAMYLASE, GLUCOSE OXIDASE, LIPASE, PENTOSANASE). BUNS ARE TOASTED IN A COMMON TOASTER WITH PRODUCTS THAT CONTAIN EGG, MILK, SOY, AND SESAME SEEDS. BUNS AND BREAD MAY CONTAIN EGG, MILK, SOY, SESAME SEEDS AND SULPHITES. MAY CONTAIN: SESAME SEEDS, SOY CONTAINS: WHEAT
Premium Coffee	COFFEE.
Processed Cheese, Sliced	MILK, MODIFIED MILK INGREDIENTS, CONTAINS 2 PERCENT OR LESS OF CITRIC ACID, APO CAROTENAL AND BETA CAROTENE (COLOR), CREAM, BACTERIAL CULTURE, SALT, RENNET AND/OR MICROBIAL ENZYME, CALCIUM CHLORIDE, LIPASE, COLOUR), MODIFIED MILK INGREDIENTS, WATER, SODIUM CITRATE AND/OR SODIUM PHOSPHATE, GLUCOSE, SALT, SKIM MILK POWDER, ACETIC ACID, SORBIC ACID, SOY

	LECITHIN, SOYBEAN OIL (FOR SLICE SEPARATION), COLOUR, CARBOXYMETHYLCELLULOSE. CONTAINS: MILK, SOY
Ranch Sauce	SOYA OIL, BUTTERMILK PREPARATION (MILK, SKIM MILK POWDER, BACTERIAL CULTURE, SALT, MAY CONTAIN LACTOSE, NATURAL FLAVOUR), WATER, WHITE VINEGAR, LIQUID EGG YOLK, ASIAGO CHEESE (PARTLY SKIMMED MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME, LIPASE, CELLULOSE), SUGAR, GRANULAR, SWISS AND PARMESAN CHEESE (MILK, BACTERIAL CULTURE, SALT, MICROBIAL ENZYME, RENNET, LIPASE), SEASONING (SALT, DEHYDRATED GARLIC, DEHYDRATED ONION, SOUR CREAM POWDER [CREAM, SKIM MILK, BACTERIAL CULTURE], BUTTERMILK POWDER, SUGAR, WHEY POWDER, DEHYDRATED PARSLEY, SPICE, LACTIC ACID, CITRIC ACID, SILICON DIOXIDE), GARLIC, SALT, DEHYDRATED GARLIC, DEHYDRATED ONION, DRIED EGG-WHITE, SKIM MILK POWDER, BUTTER (CREAM, SALT), WHEY POWDER, SPICE, NATURAL FLAVOURS, XANTHAN GUM, CITRIC ACID, LACTIC ACID. CONTAINS: EGG, MILK
Romaine Lettuce	ROMAINE LETTUCE.
Salt	SALT, CALCIUM SILICATE (ANTICAKING AGENT), DEXTROSE, POTASSIUM IODIDE.
Saltines	WHEAT FLOUR (WHEAT), SOYBEAN OIL, SALT, CORN SYRUP, BAKING SODA, YEAST, SOY LECITHIN (SOY), PROTEASE, AMYLASE. CONTAINS: WHEAT AND SOY
Sandwich Bun	ENRICHED WHEAT FLOUR (BARLEY), WATER, GLUCOSE-FRUCTOSE, YEAST, SOYBEAN OR CANOLA OIL, SALT, WHEAT GLUTEN, CALCIUM SULPHATE, ASCORBIC ACID, WHOLE GRAIN CORN FLOUR, COLOUR (INCLUDING ANNATTO AND TURMERIC), CALCIUM PROPIONATE, SODIUM STEAROYL-2-LACTYLATE, DIACETYL OR ACETYLATED TARTARIC ACID ESTERS OF MONO AND DIGLYCERIDES, CALCIUM SULPHATE, SOYBEAN LECITHIN, ENZYMES (AMYLASE, AND/OR GLUCOAMYLASE, AND/OR GLUCOSE OXIDASE, AND/OR LIPASE, AND/OR PENTOSANASE, AND/OR XYLANASE). MAY CONTAIN: SESAME, MILK, EGG, AND SULPHITES. CONTAINS: WHEAT AND SOY
Sea Salt	SALT, CALCIUM SILICATE, DEXTROSE, POTASSIUM IODIDE.
Sea Salt Packet	SALT, YELLOW PRUSSATE OF SODA.
Signature Salsa	TOMATOES (TOMATOES, TOMATO JUICE, CITRIC ACID, CALCIUM CHLORIDE), ROASTED TOMATOES, WATER, TOMATO PASTE, ONION, DISTILLED VINEGAR, LIME JUICE FROM CONCENTRATE (WATER, CONCENTRATED LIME JUICE, LIME OIL), SUGAR, SALT, JALAPENO PEPPER, ROASTED GARLIC, DEHYDRATED GARLIC, CILANTRO, DEHYDRATED

	ANCHO CHILI PEPPER SEASONING, SPICES, NATURAL FLAVOR, CITRIC ACID, ACETIC ACID.
Smoky Honey Mustard	SOYBEAN OIL, DIJON MUSTARD (WATER, WHITE VINEGAR, MUSTARD SEED, SALT, WHITE WINE, SUGAR, SPICES, PECTIN, CITRIC ACID, TARTARIC ACID), WATER, SUGAR, HONEY, TOMATO PASTE, BROWN SUGAR, CIDER VINEGAR, LIQUID EGG YOLK, WHITE VINEGAR, SALT, MUSTARD SEED, CORN SYRUP, DEHYDRATED GARLIC, DEHYDRATED ONION, OLEORESIN ROSEMARY, TAMARIND, SPICES, NATURAL FLAVOUR, OLEORESIN TURMERIC, XANTHAN GUM, SOY LECITHIN. CONTAINS: EGG, MUSTARD, SOY
Sour Cream	MILK INGREDIENTS (MILK), MODIFIED CORN STARCH, GUAR GUM, CARRAGEENAN, LOCUST BEAN GUM, SODIUM CITRATE, BACTERIAL CULTURE, MICROBIAL ENZYME. CONTAINS: MILK
Spicy Chicken Breast Fillet	CHICKEN BREAST (WITH RIB MEAT), WATER, SALT, SPICES (CONTAINS MUSTARD), SODIUM PHOSPHATE, MODIFIED CORN STARCH, NATURAL FLAVOUR, SPICE EXTRACTIVES, SOYBEAN OIL, COATED WITH WHEAT FLOUR, WATER, MODIFIED CORN STARCH, SALT, TOASTED WHEAT CRUMBS, SPICES, BAKING POWDER, NATURAL FLAVOUR, CORN FLOUR, WHEAT GLUTEN, DRIED EGG WHITE (EGG WHITE, BAKER'S YEAST, CITRIC ACID), SPICE EXTRACTIVES, SOYBEAN OIL. BROWNED IN CANOLA OIL. COOKED IN THE SAME OIL AS MENU ITEMS THAT CONTAIN OR MAY CONTAIN MUSTARD, EGG, FISH, WHEAT, MILK, SOY, AND SULPHITES. MAY CONTAIN MILK, SOY, SULPHITES. CONTAINS: EGG, MUSTARD, WHEAT
Spring Mix	BABY LETTUCES (RED & GREEN ROMAINE, RED & GREEN OAK, RED & GREEN LEAF, LOLLA ROSA, TANGO), SPINACH, MIZUNA, ARUGULA, TATSOI, RED CHARD, GREEN CHARD. INGREDIENTS IN EACH PACKAGE MAY VARY.
Sprite	SUGAR/GLUCOSE-FRUCTOSE, WATER, CITRIC ACID, SODIUM CITRATE, NATURAL FLAVOUR, SODIUM BENZOATE.
Steel Cut Oatmeal	WATER, STEEL CUT OAT GROATS, CANE JUICE, ROLLED OATS, SALT, CINNAMON. CONTAINS: WHEAT
Strawberry Jam	STRAWBERRIES, GLUCOSE-FRUCTOSE, SUGAR, CITRIC ACID, PECTIN.
Strawberry Puree	SUGAR, STRAWBERRIES, WATER, MODIFIED CORN STARCH, NATURAL FLAVOUR, CITRIC ACID, PECTIN, POTASSIUM SORBATE (PRESERVATIVE), CONCENTRATED GRAPE JUICE (COLOUR), CARMINE COLOUR, DIMETHYLPOLYSILOXANE FORMULATIONS.
Strawberry Yogurt	SKIM MILK (VITAMIN A PALMITATE, VITAMIN D3), CONCENTRATED SKIM MILK, AND/OR SKIM MILK POWDER

	(MILK), SUGAR/GLUCOSE-FRUCTOSE, STRAWBERRIES, WATER, STRAWBERRY PUREE, CREAM (MILK), MODIFIED CORN STARCH, GELATIN, MODIFIED MILK INGREDIENTS (MILK), LEMON JUICE CONCENTRATE, NATURAL FLAVOUR, POTASSIUM SORBATE, NATURAL COLOUR, BACTERIAL CULTURES. CONTAINS: MILK
Sundried Tomato Grain Blend	GARBANZO BEANS, RED BELL PEPPERS, WHITE BEANS, BROWN RICE, RED QUINOA, YELLOW BELL PEPPERS, WHITE QUINOA, RED ONIONS, SUNDRIED TOMATO (SUNDRIED TOMATO, SULFUR DIOXIDE (SULFITES FOR COLOR RETENTION), BALSAMIC VINEGAR, SPICES, EXTRA VIRGIN OLIVE OIL, DEHYDRATED GARLIC, SALT, DEHYDRATED ONION, SUGAR, XANTHAN GUM
Sweet and Sour Dipping Sauce	GLUCOSE-FRUCTOSE, WATER, VINEGAR, PINEAPPLE JUICE CONCENTRATE, MODIFIED CORN STARCH, SALT, DRIED GREEN AND RED BELL PEPPERS, POTASSIUM SORBATE, SODIUM BENZOATE, CITRIC ACID, SOYA OIL, COLOUR, SPICES, EXTRACTIVES OF PAPRIKA
Sweet BBQ Glaze	TOMATO PUREE (WATER, TOMATO PASTE), HONEY, SUGAR, DISTILLED VINEGAR, WATER, MODIFIED CORN STARCH, WORCHESTERSHIRE SAUCE (DISTILLED VINEGAR, CORN SYRUP, WATER, SALT, GARLIC POWDER, SPICES, TAMARIND, NATURAL FLAVOR), MOLASSES, SALT, NATURAL SMOKE FLAVOR, SPICES, CHILI PEPPER, MUSTARD FLOUR, PAPRIKA, DRIED GARLIC, ONION POWDER, GROUND TUMERIC. CONTAINS: MUSTARD
Table Salt	SEA SALT, SODIUM FERROCYANIDE DECAHYDRATE (YELLOW PRUSSATE OF SODA, AN ANTI-CAKING AGENT
Tea	TEA.
Thank-You Mints	CORN SYRUP, LIQUID SUGAR (SUGAR, WATER), SUGAR, WATER, PEPPERMINT OIL, CORN OIL, RED 40, RED 3, BLUE 1.
Three Cheese Blend	MILK, MODIFIED MILK INGREDIENTS, BACTERIAL CULTURE, SALT, LIPASE, MICROBIAL ENZYME, CALCIUM CHLORIDE, CELLULOSE (TO PREVENT CAKING), NATAMYCIN. CONTAINS: MILK
Tomato, Raw	TOMATO.
Tortilla	BLEACHED ENRICHED WHEAT FLOUR, WATER, SOYBEAN OIL, HYDROGENATED COTTONSEED AND/OR SOYBEAN OILS, POTATO STARCH, BAKING POWDER, SALT, MONO- AND DIGLYCERIDES, VITAL WHEAT GLUTEN, FUMARIC ACID, CALCIUM PROPIONATE, L-CYSTEINE HYDROCHLORIDE. CONTAINS: WHEAT
Tortilla Chips	CORN, VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING: CANOLA, CORN, COTTONSEED, SOYBEAN, OR SUNFLOWER OIL), SALT, AND CALCIUM HYDROXIDE.
Vanilla Frosty™	MODIFIED MILK INGREDIENTS, SUGAR, GLUCOSE, GUAR

	GUM, MONO- AND DIGLYCERIDES, CELLULOSE GUM, CARRAGEENAN, CALCIUM SULFATE, DISODIUM PHOSPHATE, ARTIFICIAL FLAVOUR, COLOUR. CONTAINS: MILK
Whipped Butter	CREAM, SALT, NITROGEN CONTAINS: MILK

Certain menu items may not be available at all locations. Temporary products are not included.

Wendy's encourages anyone with food allergies, sensitivities, or special dietary needs to obtain the most comprehensive and up-to-date information by contacting Wendy's Consumer Relations Department at 5155 North Service Road, Suite 201, Burlington ON, L7L 6G4 905-331-0341.

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